



Relationships and Sex Education

As a part of your child's educational experience at Holy Trinity CE Primary Academy, we aim to promote personal wellbeing and development through a comprehensive taught programme of Personal, Social, Health and Economic (PSHE) education that gives children and young people the knowledge, understanding, attitudes and practical skills to live healthy, safe, productive and fulfilled lives, both now and in the future.

The Department for Education has made changes to relationships and sex education following nationwide consultation which came into effect from September 2020 and all schools are required to comply with the updated requirements. The statutory guidance can be found at: <https://www.gov.uk/government/publications/relationships-education-relationships-and-sex-education-rse-and-health-education>

The guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing, safeguarding and healthy relationships.

Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values to have safe, fulfilling relationships and help them take responsibility for their own well-being.

Consequently, from September 2020, Relationships and Sex Education (RSE), along with Health Education, will be statutory, and form part of the National Curriculum.

We have reviewed our RSE curriculum and policy so we can be sure our RSE provision is appropriate for our pupils based on their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special educational needs and disabilities
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Please see the documents below which explains our curriculum overview for RSE and the expectations set out by the Department for Education, that all children will reach by the end of primary school.

[Consultation Letter to Parents](#)

[RSE Expectations](#)

[DFE Guide](#)

[RSE Policy](#)

[Holy Trinity RSE Curriculum](#)